

HYSA Playing Guidelines Excerpt

Ball Sizes

U-6 = size 3 U-8 = size 3 U-10 = size 4 U-12 = size 4 U-14 = size 5

Length of Games

Level	Halves	Substitutes	Half-Time Break
U-6	2- 10 minute halves	At 5 minute quarters	5 minutes
U-8	2- 15 minute halves	At 7.5 minute quarters	5 minutes
U-10	2- 20 minute halves	Free Substitutions**	5 minutes
U-12	2- 25 minute halves	Free Substitutions	5 minutes
U-14	2- 35 minute halves	Free Substitutions	5 minutes

****2022 change**

Team Rosters and Players on Fields

Level	Grades	Max Team Roster	Max # of Players on Field	Goalie	Additional Info/Rules
U-6	4K-K	8 Players	4 Players	NO	Games are started, timed, and managed by coaches, etc. NO REFEREES
U-8	1-2	8 Players	4 Players	NO	
U-10	3-4	14 Players	7 Players	YES	No punting & retreat back to blue line when goalie has the ball. No off-sides between the blue lines
U-12	5-6	18 Players	9 Players	YES	
U-14	7-8	22 Players	11 Players	YES	

Referees

The number of certified referees required each Saturday is very difficult to find. When possible, a certified center referee and two certified assistant referees will be placed for each U-10, U-12, and U-14 level. U-6 and U-8 games can be refereed by the coaches. Flags will be provided for each game. The referee's job includes but is not limited to ensuring safety for the players, proper utilization of the equipment, act as a timekeeper, enforce regulations, penalize players, inspect fields, inspect players, observe post game handshake, and keep score. Prior to the beginning of play the referee will do a coin toss with the captains of each team. Visiting teams will call the toss. The winner of the coin toss will choose which goal they will defend the other team will kick off. Teams will switch sides at half time. Referees may add time for injuries and other lengthy stoppages of play. There will be no penalty kick shootouts during the regular season play. If the game ends in a tie that is how it will be recorded. Final calls are up to the discretion of the referee. Sideline guests or coaches should not interfere with play or the referee during the game. If you do so, next week, you will be refereeing. It is not as easy as some referees make it look.

Disputes

Headwaters Youth Soccer Association (HYSA) Board of Directors will oversee all disputes. The Board will determine the proper course of action, should one be necessary.

Special Playing Rules

Games are conducted in accordance to HYSA by-laws, WYSA, and USYSA rules and regulations, and FIFA Laws. Slide tackling will NOT be allowed. It is considered dangerous play. Goalkeepers may not be charged, interfered with, or impeded in any manner while in possession of the ball. Players may be ejected for kicking or striking the ball while the ball is in the possession of the goalie. A player must strike all balls when going after it and NOT another player. Girls may cross their arms to their chest to protect themselves if they do not direct or propel the ball away from themselves, otherwise it will be a handball violation. Hand ball violations are when the ball is directed by a player from their shoulder down to their hand. **Goals scored in conjunction with the use of neck stalls or back stalls will be called back and considered unsporting behavior which will result in a direct free kick for the other team.**

Deliberate HEADING OF THE BALL is not allowed at U6, U8, and U10 – due to potential concussion risks, it is discouraged at U12 and U14.